

# WEEK 1

Week commencing: 05/01, 02/02, 09/03

## Spring Term Menu



### MONDAY

#### Option 1

Pizza pasta bake (G,M)/  
Vegetable pasta  
bake (G),  
garlic bread (G),  
sweetcorn

#### Option 2

Jacket potatoes with  
either baked beans,  
cheese (G,M) or tuna  
mayo (F,E)

#### Pudding

Cupcake  
(G,M,E,S)

### TUESDAY

#### Option 1

Chicken/ Veggie  
wrap (G),  
twister fries,  
crunchy veg

#### Option 2

Jacket potatoes with  
either baked beans,  
cheese (G,M) or tuna  
mayo (F,E)

#### Pudding

Sponge and custard  
(G,M,E,S)

### WEDNESDAY

#### Option 1

Pork sausage (G)/  
Vegetarian sausage(G),  
mash potato,  
Yorkshire pudding  
(G,M,E),  
seasonal veg, gravy

#### Option 2

Choice of cheese  
(G,M), ham or tuna  
mayo (F,E,G)  
sandwiches, served  
with crisps (G,M)  
and vegetable  
sticks

#### Pudding

Choc chip cookie  
(G,M,E)

### THURSDAY

#### Option 1

Cheese and tomato  
parcels (G,M),  
potato wedges,  
spaghetti hoops (G)

#### Option 2

Jacket potatoes with  
either baked beans,  
cheese (G,M) or tuna  
mayo (F,E)

#### Pudding

Ice cream  
(M)

### FRIDAY

#### Option 1

Fish fingers (G,F)/  
Veggie fingers (G),  
chips,  
carrots and peas,  
ketchup

#### Option 2

Choice of cheese  
(G,M), ham or tuna  
mayo (F,E)  
sandwiches, served  
with crisps (G,M)  
and vegetable  
sticks

#### Pudding

Shortbread  
(G)



Celery(C) Crustaceans(CR) Eggs(E) Fish(F) Gluten(G) Lupin(L) Milk(M) Nuts(N)  
Molluscs(MO) Peanuts(P) Sesame(S) Sulphites(SU) Mustard(MU)

Fresh fruit, yoghurts and water available daily. Menus subject to change. Special diets catered for.

# WEEK 2

Week commencing: 12/01, 09/02, 16/03

## Spring Term Menu



### MONDAY

#### Option 1

Sausage roll (G,M)/  
Vegan roll (G),  
tater tots,  
spaghetti hoops (G)

#### Option 2

Jacket potatoes with  
either baked beans,  
cheese (G,M) or tuna  
mayo (F,E)

#### Pudding

Cupcake  
(G,M,E,S)

### TUESDAY

#### Option 1

Chicken/ Veggie  
burger in a bun (G),  
potato wedges,  
salad sticks

#### Option 2

Choice of cheese  
(G,M), ham or tuna  
mayo (F,E,G)  
sandwiches, served  
with crisps (G,M)  
and vegetable  
sticks

#### Pudding

American pancakes  
with strawberry or  
chocolate sauce  
(G,M,E,S)

### WEDNESDAY

#### Option 1

Roast Pork/  
Quorn fillet (G),  
roast potatoes,  
Yorkshire puddings  
(G,M,E),  
seasonal veg, gravy

#### Option 2

Jacket potatoes with  
either baked beans,  
cheese (G,M) or tuna  
mayo (F,E)

#### Pudding

Cheese (G,M) and  
crackers (G,M)



### THURSDAY

#### Option 1

BBQ Chicken  
noodles/ Quorn  
noodles (G), mini  
spring roll (G,S,SU),  
carrot and cucumber  
sticks

#### Option 2

Choice of cheese  
(G,M), ham or tuna  
mayo (F,E,G)  
sandwiches, served  
with crisps (G,M)  
and vegetable  
sticks

#### Pudding

Sponge and custard  
(G,M,E,S)

### FRIDAY

#### Option 1

Naan bread  
pepperoni/  
margarita pizza  
(G,M),  
twister fries, salad  
sticks

#### Option 2

Jacket potatoes with  
either baked beans,  
cheese (G,M) or tuna  
mayo (F,E)

#### Pudding

Ring Doughnut  
(G,M,S)



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Molluscs(MO) Peanuts(P) Sesame(S) Sulphites(SU) Mustard(MU)

Fresh fruit, yoghurts and water available daily. Menus subject to change. Special diets catered for.

# WEEK 3

Week commencing: 19/01, 23/02, 23/03

## Spring Term Menu



### MONDAY

#### Option 1

Chicken/ Vegetable  
curry (M), rice,  
mini samosa  
(G,M,MU),  
peas

#### Option 2

Jacket potatoes with  
either baked beans,  
cheese (G,M) or tuna  
mayo (F,E)

#### Pudding

Ice cream roll  
(G,M,E,S)

### TUESDAY

#### Option 1

Beef/ Veggie burger  
in a bun (G),  
potato wedges,  
spaghetti hoops (G)

#### Option 2

Jacket potatoes with  
either baked beans,  
cheese (G,M) or tuna  
mayo (F,E)

#### Pudding

Sponge and custard  
(G,M,E,S)

### WEDNESDAY

#### Option 1

Pork sausage (G)/  
Quorn sausage (G),  
mashed potato,  
Yorkshire pudding  
(G,M,E),  
seasonal veg, gravy

#### Option 2

Choice of cheese  
(G,M), ham or tuna  
mayo (F,E,G)  
sandwiches, served  
with crisps (G,M)  
and vegetable sticks

#### Pudding

Belgium waffle and  
sauce  
(G,M,E,S)



### THURSDAY

#### Option 1

Chicken/ Vegetable  
and tomato pasta  
(G), garlic dough  
ball (G), salad

#### Option 2

Jacket potatoes with  
either baked beans,  
cheese (G,M) or tuna  
mayo (F,E)

#### Pudding

Cupcake  
(G,M,E,S)



### FRIDAY

#### Option 1

Fish star (F)/  
Vegetable finger  
(G), chips,  
peas and sweetcorn,  
ketchup

#### Option 2

Choice of cheese  
(G,M), ham or tuna  
mayo (F,E,G)  
sandwiches, served  
with crisps (G,M)  
and vegetable sticks

#### Pudding

Cookie  
(G,M,E)



Celery(C) Crustaceans(CR) Eggs(E) Fish(F) Gluten(G) Lupin(L) Milk(M) Nuts(N)  
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# WEEK 4

Week commencing: 26/01, 02/03,

## Spring Term Menu



### MONDAY

#### Option 1

Chicken/ Margarita and sweetcorn pizza (G,M), wedges, salad

#### Option 2

Jacket potatoes with either baked beans, cheese (G,M) or tuna mayo (F,E)

#### Pudding

Ice cream (M)

### TUESDAY

#### Option 1

Hot dog (G)/ Quorn Sausage in a bun (G), waffle fries, baked beans

#### Option 2

Jacket potatoes with either baked beans, cheese (G,M) or tuna mayo (F,E)

#### Pudding

Cupcake (G,M,E,S)

### WEDNESDAY

#### Option 1

Roast chicken/ Quorn fillet (G), mashed potato, stuffing (G), seasonal veg, gravy

#### Option 2

Choice of cheese (G,M), ham or tuna mayo (F,E,G) sandwiches, served with crisps (G,M) and vegetable sticks

#### Pudding

Cookie (G,M,E)

### THURSDAY

#### Option 1

Chicken nuggets (G)/ Quorn Dippers (G), chips, beans

#### Option 2

Jacket potatoes with either baked beans, cheese (G,M) or tuna mayo (F,E)

#### Pudding

Sponge and custard (G,M,E,S)

### FRIDAY

#### Option 1

Pasta and meatballs (G), garlic bread (G), seasonal veg

#### Option 2

Choice of cheese (G,M), ham or tuna mayo (F,E,G) sandwiches, served with crisps (G,M) and vegetable sticks

#### Pudding

Flapjack (G)



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Fresh fruit, yoghurts and water available daily. Menus subject to change. Special diets catered for.