



16th July 2026

Dear Parents/Carers,

Re: New Dinner Menu – Autumn Term 2026

Please find attached our new school dinner menu for the autumn term 2026. This menu covers all school meals at Blidworth Oaks, Heathlands and Lake View Primary Schools and will start from **Thursday 3rd September**.

New School Food Standards

You may be aware that the government is introducing a new set of School Food Standards. More information can be found about this by following this link:

<https://educationhub.blog.gov.uk/2026/04/new-school-food-standards/>

Although these standards have not officially been released and will not be enforced on schools until September 2027, we are supportive of these national changes and we have therefore started to make changes to our menu to help us on the way to meetings whatever standards are eventually set out.

We have slimmed down our menu to a three-week cycle and we have made the following changes:

- Reduced meals high in fat and/or salt and/or processed foods
- Reduced puddings high in sugar content
- Increased the fruit and vegetables available in main dishes and puddings
- Increased more wholegrains in our dishes – in our pastas, bases, rice and breads for example
- Increased the use of fresh, local produce

We will continue to offer choices of sandwiches or jacket potatoes as alternatives to the main dish. We will also continue to have fruit available as pupils want it. We are experimenting with having salad available as standard. Fresh water is also always available at dinner times.

A Balanced Menu

Our aim is to create more of a balanced menu. We are not removing all of our menu options that may be classed as less healthy and we do not think the new food standards in their current form will demand that. We want to offer a choice and range to pupils as part of a healthy balanced diet and we hope that this menu goes some way to providing that. However, we will continue to adjust the menu based on feedback from parents, pupils and based on the new School Food Standards once they are officially released.

If you would like more information about the content of specific dishes, please don't hesitate to contact our school offices and we will get back to you.

Yours sincerely,

Mr Walker
Executive Head Teacher

